

T H E
E | S | P | L | A | N | A | D | E

John F. Yee, MD. Chairman
Fred Davis, MD. Secretary, Jane Blalock, Treasurer
Judi Hampton - Joanne Hynek - Jacqui Kates - Enid Zimbler

THE ESPLANADE HEALTH CLUB

- 1) This facility is for the exclusive use of all owners, residents and their registered guests. Owners waive their right to utilize facilities when unit is rented.
- 2) Children under age 13 cannot use any gym equipment and those under age 6 are not permitted in the exercise facility. Children age 13 to 18 must be accompanied by an adult.
- 3) No Pets are allowed.
- 4) Exercise machines will be relinquished after 30 minutes of use if individual is waiting. Your cooperation and courtesy is appreciated.
- 5) Trainers must remain with their clients and not hinder use of equipment.
- 6) Proper dress is required, suitable gym tops, shirts, shorts, slack or sweats. Footwear is required at all times.
- 7) Refrain from using cologne or other strong scented products.
- 8) No use of cellular phones within the gym. Please take your calls outside to avoid disturbing others.
- 9) Headphones must be used for all music and television.
- 10) No equipment may be moved or additional equipment added without approval of Trustees.
- 11) Avoid unreasonable noise during the early morning hours. Please do not drop weights making a loud sound.

Report any problem with the facility to Concierge Staff or Management
Thank you in advance for your cooperation and being courteous to your fellow neighbors.

Approved April 13, 2016